

Women's Health

A Panel Discussion



39% of Canadian women say they've considered quitting their job due to stress or burnout, compared to 25% of men, according to a new survey by Pollara Strategic Insights.

The data reveals that working women's unmanaged menopause symptoms cost Canadian employers \$237 M lost productivity and costs women \$3.3 billion in lost income annually as it can lead them to work reduced hours or to leave the workforce.

2023 study by [Menopause Foundation of Canada](#) (MFC).

In 2023, women took 69% (33% Millennials, 30% Gen X) of all leaves of absence related to mental health in North America [Study by ComPsych® Corporation]

Women of Influence + Study reported that 77% of women surveyed have encountered age-related discrimination in their careers. 40.7% experienced age-based discrimination within the first decade of their career and 55.9% encountered ageism after surpassing 21 years in their career.

Over 60% of all drug claims are for women.

Women are empowered by personalized and “whole person” approach to health management, including genetic testing.

Together, we can bridge the gap in women's health - in terms of research, access and funding. But more importantly by stepping up and advocating for ourselves.